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Dec. 28-Jan.1 4-Day Retreat w/Wayne C. (in-person & online)

Jan.11 Recorded talk by Toni Packer and Dialogue (online)\*

Jan. 17-21 4-Day Retreat w/Liz Heron (in-person and online)

Jan. 25 Open Meditative Dialogue (Online) \*\*

Feb. 1 All Day Sitting (in-person)

Feb. 15-22 Collaborative Retreat (online)

Feb. 25-March 12 Quiet Weeks

March 1 All Day Sitting (in-person)

March 8 Open Meditative Dialogue (Online)\*\*

March 14-18 4-Day Retreat with Bob Dattola (in-person)

March 29 Teaching Committee Meeting (online)

April 5 All Day Sitting (in-person)

April 18-22 4-Day Retreat with Stew Glick (in-person)

April 26 Open Meditative Dialogue (online)\*\*

May 3 All Day Sitting (in-person)

May 10 Open Meditative Dialogue (online)\*\*

May 17-24 7-Day Retreat with Wayne and Sandra (in-person)

June 1 Annual Meeting (online)

June 7-14 7-Day Retreat w/ Stephan Bielfeldt (in-person and online)

<u>June 28-July 5 7-Day Retreat with Richard Witteman (in-person and online)</u>

July 12 Open Meditative Dialogue (online)\*\*

July 18-22 4-Day Retreat with Wayne Coger (in-person)

August 2-9 7-Day Retreat with Bob Dattola (in-person)

August 13-27 Quiet Weeks (in-person)

August 23 Recorded talk by Toni Packer and Dialogue (online)\*

August 29-Sept. 2 4-Day Retreat with Sandra Gonzalez (in-person and online)

Sept. 9-18 Quiet Weeks (in-person)

Sept. 13 Open Meditative Dialogue (online)\*\*

Sept. 20-27 7-Day Retreat w/Richard Witteman (in-person and online)

Sept. 28-October 6 Center Closed (Staff break)

October 10-14 4-Day Retreat with Stew Glick (in-person)

October 18 Recorded talk by Toni Packer and dialogue (online)\*

October 25 All Day Sitting (in-person)

Nov. 1 Teaching Committee Meeting (online)

Nov. 1-5 Quiet Weeks (in-person)

Nov. 8-15 7-Day Retreat with Sandra Gonzalez (in-person and online)

Nov. 19-23 Quiet Weeks (in-person)

Nov. 22 Open Meditative Dialogue (online)\*\*

Dec. 6 All Day Sitting (in-person)

Dec. 13 Open Meditative Dialogue (online)\*\*

Dec. 14-25 Center closed (staff break)

Dec. 28, 2025-Jan 1, 2026 4-Day New Years Retreat with Wayne (in-person)

Call, write or email reception if you need the Zoom link for

<sup>\*</sup>Saturday Programs: These programs start with a 25 minute sitting at 1:30pm EDT, followed by a recorded talk by Toni Packer at a little after 2pm. After the talk there will be a short break and then an opportunity for dialogue. The program ends at 4:30.

<sup>\*\*</sup>Open Meditative Dialogue: This program begins at 1:30 PM EDT with a 25 minute sitting. There will then be a talk given by a guest speaker followed by a brief break. There will be time for a one and one-quarter hour dialogue.